

Excellent breads, uniquely formed, with subtle and perfectly balanced flavours. Large Multigrain Loaf, with a creamy centre, rich in seeds with toasted seed flavours. Powerful flavour. Smooth taste.

CHARACTERISTICS AND COMPOSITION

Frozen Product :	Length Width Height	50.0 cm ± 3.5 cm 14.0 cm ± 2.0 cm 6.5 cm ± 2.0 cm
Baked Product : (indicative information)	Average weight Length Width Height	1067g 49.0 cm ± 3.5 cm 13.5 cm ± 2.0 cm 6.5 cm ± 2.0 cm



Serving suggestion

Ingredients: WHEAT flour, water, sourdough (stonemill WHEAT flour, water), SESAME seeds 2.6%, yellow flax seeds 1.8%, brown flax seeds 1.8%, malted WHEAT flakes 1.8%, sunflower seeds 0.9%, salt, WHEAT gluten, finish 0.3% (SESAME seeds, brown flax seeds, yellow flax seeds), malted WHEAT flour, yeast.

For allergens, including cereals containing gluten, see ingredients in capital letters.

May contain traces of: milk, nuts, eggs.

Enzymes are technological aids and may not be reported in baked products.

GMO: without	Suitable for vegans	Y	Kosher certified	Ν	Y = ves	CLEAN
Ionization: without	Suitable for vegetarians	Y	Halal certified	Y	N = no	BRIDOR

Nutritional values per 100g	Frozei	Frozen product		Baked product			
	For 100g	Per serving**	For 100g	Per serving***	% RI* per serving		
Energy (kJ)	1,246	374	1,284	374	4.6 %		
Energy (kcal)	295	89	304	89	4.6 %		
Fat (g)	5.3	1.6	5.5	1.6	2.4 %		
of wich saturates (g)	0.7	0.2	0.7	0.2	1.0 %		
of which trans fatty acids (g)	0	0	0	0			
Carbohydrate (g)	50	15	51	15	5.9 %		
of which sugars (g)	1.7	0.5	1.8	0.5	0.6 %		
Fibre (g)	3.7	1.1	3.8	1.1	4.6 %		
Protein (g)	10	3	10	3	6.3 %		
Salt (g)	0.91	0.27	0.93	0.27	4.7 %		
Sodium (g)	0.36	0.11	0.37	0.11	4.7 %		

* Reference intake for an average adult (8400 kJ / 2000 kcal) - **Weight of a portion of frozen product: 30.0g - ***Weight of a portion of baked product: 29.1g

MICROBIOLOGICAL CHARACTERISTICS	Targets	Tolerances	Methods of analysis
Aerobic mesophilic total count	< 5,000 cfu/g	< 50 000 cfu/g	ISO 4833-2
Escherichia coli	< 10 cfu/g	< 100 cfu/g	ISO 16649-2
Salmonella	absence in 25g	absence in 25g	BRD 07/11-12/05
Staphylococcus aureus	< 100 cfu/g	< 1 000 cfu/g	NF V08-057-1
Bacilius cereus	< 100 cfu/g	< 1 000 cfu/g	AES 10/10-07/10
Yeast / mould	< 500 cfu/g	< 5 000 cfu/g	ISO 21527

STORAGE AND SHELF LIFE

Date of minimum durability: 365 days (12 months) from the date of freezing marked on the package. Store at -18°C or below before use. DO NOT REFREEZE ONCE THAWED.

Storage conditions:

24h in refrigerator

3 days in the freezer compartment of the refrigerator

in the freezer at -18°C: until the date of minimum durability indicated on the packaging

Storage recommendations after baking:

At ambient temperature during 48 hours for organoleptic reasons ; 48 hours for food safety reasons. Maximum preservation after baking is 48 hours.

INSTRUCTIONS FOR BAKING

*	Defrosting	approximately 0-10 min at room temperature
	Preheating oven	230°C
<u></u>	Baking (in ventilated oven)	approximately 16-18 min at 190-200°C, closed damper
Ø	Cooling and rest on tray	15 min at room temperature

Nota: Each oven has its own characteristics. We suggest you record all parameters giving the best results baking with your equipment. Find all the chef's advices on www.bridor.com

PACKAGING

8.8 k	kg Pieces / bag			8	
				1	
9.6		72 kg	Bags / case		1
	8.8 kg		Pieces / case		8
External dimensions (L x W x H)		590x390x305 mm		Volume (m3)	
			-		
otal height		1980 mm			6
let	211.200	/ 260.03 kg	Cases / layer		4
Pallet type / Dimensions		EURO NIMP15 / 80x120 cm			24
		et 211.200 198 590x390 8.	et 211.200 / 260.03 kg 1980 mm 590x390x305 mm 8.8 kg 9.672 kg	et 211.200 / 260.03 kg Cases / layer 1980 mm Layers / pallet 590x390x305 mm Volume (m3) 8.8 kg Pieces / case 9.672 kg Bags / case	et 211.200 / 260.03 kg Cases / layer 1980 mm Layers / pallet 590x390x305 mm Volume (m3) 8.8 kg Pieces / case 9.672 kg Bags / case

FOR ANY INFORMATION / CONTACT

Address: Service client - BRIDOR - ZA Olivet - 35530 Servon sur Vilaine - www.bridor.com e-mail: exportsales@groupeleduff.com